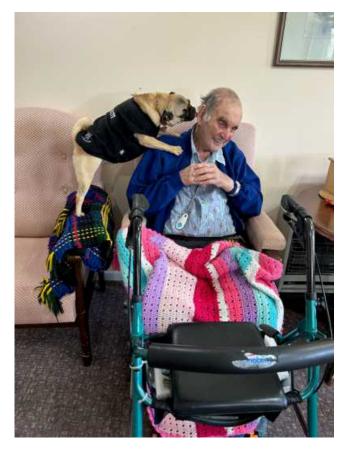




We have purchased a Nintendo Switch video games console for the home which is presently set up in the Boston Lounge.

Playing these games are very good for hand-and-eye coordination, as well as being lots of fun. If you can move your arms, you can play! A couple of these games were brought with money raised by selling the *little ladybug golf balls*. So a big thank you to everyone who participated in that activity.





Robin ensuring Mazey is on her best behaviour during Cognitive Games, yet she still managed to give John a friendly kiss.

Over the past few months, many board and card games have been added to our collection. These are great activities for visitors and volunteers to utilise. We have been endeavouring to teach some of our more feisty residents card games like *Skipbo*, often with hilarious results!

Remember that you no longer have to think about getting your shopping, cooking, laundry or a myriad of other things that once helped exercise your



brain. Problem solving has become a thing of the past.

Unfortunately, if you don't use your brain, that



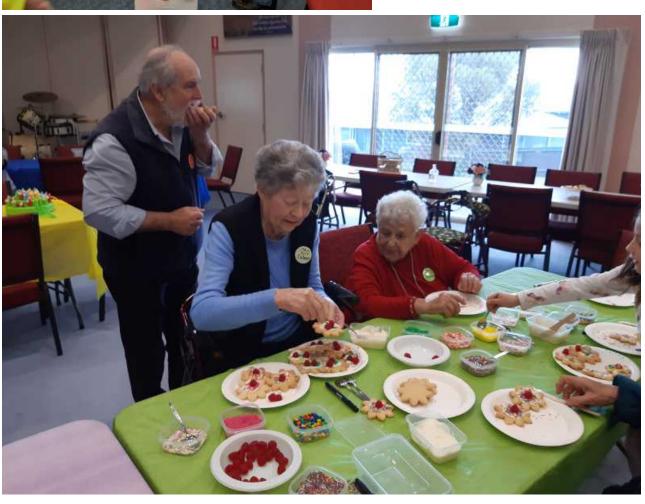




Young at Heart starts again soon and we encourage people to attend.

The photos speak for themselves, there is a great deal of fun to be had and those who presently attend wouldn't miss it.

The bus leaves from the Boston Ramp at 1.20pm on Wednesday afternoons.



YOUNG AT HEART











New chairs for Boston Lounge











The weather has been very kind to our sun-lovers that like to spend their mornings soaking up the rays and having a sing-a-long. A pretty lady cooking up some pretty awesome cup cakes. Well done Jan, the other residents appreciated them for afternoon tea.





18th July **Alex Wilson**

29th July Stan Oats

100 just a number... a really, BIG number!



other Birthdays celebrated

June

1st Robin Dixon-Thompson 82yrs

8th Elva Hodge 98yrs

9th Morag Johnston 84yrs

11th June Butler 92yrs

27th Betty Biele 94yrs

28th Lorna Watherston 95yrs

July

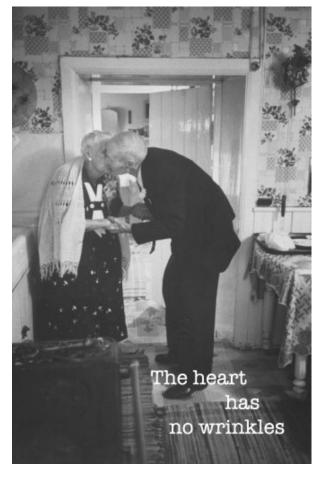
8th Val Greaves 85yrs

14th Jeff Butler 90yrs

17th Daryl Toy 80yrs



Mina got busy in the sensory garden, planting out the raised beds with some herbs and flowers













Tripping the light fentestic

George at it again, showing Virgina why he is the homes undisputed 'Casanova'.



Dennis Nilsen has delivered yet another wonderful on-line show. Most residents sang a long, which is testament to his uncanny ability to keep finding just the right blend of old school rock and roll

with a few moving ballads. He effortlessly personalises his concerts and amazes us with his vast knowledge of music trivia.



in fine Noice

A big thank you once again to the Port Lincoln Singers. They had plenty of interaction from their enthusiastic audience.

There was some lively spoon tapping from Kevin and a certain Welshman was in fine voice as always... *Good on you John!*

It was lovely to see quite a few faces from Bishop Lodge coming up to join in. In particular Betty, Lorna, Olga, Jan, Muriel & Marilyn.







By guest contributor, Kevin Parker

The information below came from the **Port Lincoln Times, Thursday 11 April 1957**, page 1

This article is a general overview of the beginnings of this Old Folks Home. I am hoping to be able to give you more detailed information in later issues.

"COLOURFUL CEREMONY AT E.P. OLD FOLKS HOME"

Port Lincoln owed a great deal to the local Rotary Club, which had campaigned the idea of a home for the elderly. The club had been canvassing the whole of the Eyre Peninsula for a home, and later the mayor was approached with a request for a public meeting. He spoke of our "elderly" and hoped the home would be a haven in the evening of their lives. He thanked all who had been involved in the scheme, especially the Clerk (Mr. J W Hayman) and Messrs. B Ritchie, J E Crotty and K Brinkworth who had shown great interest. A great deal of quiet work has been done by many worthy citizens all over the Eyre Peninsula. They had visited other sites, but none were as good as the one chosen, said David Dickson, a member of the building committee. The building would be on one level. Stairs have been avoided and there is plenty of room for expansion. He said the working bees who had given their time to prepare the site had saved thousands of pounds. He paid tribute to Messrs. Dawson, Jack Thirlwell, Rosewalls and Mr. D K McDonald for the major earthworks, and Charles Geddes & Co. for their work on the plans. Cresco Ltd. produced the lead cylinder containing the current issue of The Times which was placed behind the foundation stone. Port Lincoln was an ideal location for the home as it was the front door to Evre Peninsula, said Mr. W.H. Pearce of Cleve. Not only Port Lincoln but the whole peninsula would be served by the Home. S. G. Clothier, chairman of the Franklin Harbour District Council, said: "I know a gentleman who would be willing to donate a whole room in the home."

Angle of the Woman

Sympathetic to the problems of the elderly was Mrs. N. Jacobs, head nurse at the Memorial Hospital in Adelaide for five years and a member of the home's board. "It was easier to keep old people close to their own people many years ago when homes were much larger than they are now and home help was easy to find," Ms. Jacobs said.

"Today, when homes are smaller, they cannot be given the same attention. The elderly will have companionship, all the amenities and good, simple meals when this home is built. They will have clean clothes and be kept in reasonably good health." Mrs. Jacobs said the home would not be a hospital, but the residents would be looked after and kept happy. Age, she said, was hard to define. Some people are still lively and interested in their surroundings at 70, while others are unable to move at 60. "I don't envy those who will choose the first inmates. They will have to accept criticism. I hope the Mayor (Mr. P.L. Puckridge) gets a front room with a very nice view for his help," Miss Jacobs concluded with a smile.

continued...



"COLOURFUL CEREMONY AT E.P. OLD FOLKS HOME"

SENATOR'S COMMENTS

Senator Rex. W. Pearson, on behalf of the Federal Government, was delighted that the home would be a co-operative effort. Since the passage of the Aged Homes Act in 1954, 2 million pounds has been appropriated and 3,300 aged people have been in care. In S.A., £2,300 has been in the hands of various bodies which have taken over organisations of this kind. It was not appropriate for any government to oversee these institutions. The real human touch and compassion can come from communities organising these projects for the elderly. The fact that 2 million pounds has been allocated for similar projects must be reassuring to the taxpayer. Senator Pearson concluded: "These schemes have the blessing of both parties in the Federal Parliament.

Mr Lloyd Clarkson paid tribute to the late Maurice H. Hill, founder of the Port Lincoln Times, for the generous space he gave to the Home's publicity and thanked the Times' representative (Jock Halbert) for his articles on the Home's activities over the past two years.

TRIBUTE TO THE MAYOR

Mr. Clarkson said the Mayor, (Mr. P. L. Puckridge) was a man generous to the utmost. He was born at Wangary. His middle name is "Lincoln", but there is some doubt whether Lincoln was named after him! The foundation stone bears his name. He will always be associated with this project. Referring to Mr. R. J. Buddle, Mr. Clarkson said: "I am delighted that a local builder has won the contract to build the home."

The Mayor said at the foundation stone laying ceremony: "I have been looking forward to this day - a day of huge significance for the elderly people of the Eyre Peninsula. It is a day of great significance to the people of the Eyre Peninsula and my thanks are due to the members of the board of directors who have been so loyal. We have had support all over the E.P. We feel we can succeed. The project is not finished. We must continue to give it our generous support. It is gratifying to see that we have visitors from many parts of the Eyre Peninsula They have travelled long distances. The building is making excellent progress. I pay tribute to Mr. Buddle and his workmen who have set out to give the elderly something they will learn to appreciate," the Mayor concluded. Mr A J Buddle, the builder, presented the Mayor with a silver trowel.

He said: "This will be a memento of the many good deeds you have done in Port Lincoln".

Following the laying of the foundation stone, Mr. and Mrs. George Ringer invited the Mayor and Mayoress and a number of friends to dine at the Great Northern Hotel. The Mayoress (Mrs. P. L. Puckridge) was unable to attend. She is in Adelaide.





Out shopping

This is a true account recorded in the Police Log of Sarasota, Florida. An elderly lady did her shopping and upon returning to her car, found four males in the act of leaving her vehicle. She dropped her bags and drew her handgun, proceeding to scream at the top of her lungs, "I have a gun, and I know how to use it! GET OUT OF THE CAR!"

The four men didn't wait for a second threat. They got out and ran like mad. The lady, somewhat shaken, then proceeded to load her shopping bags into the back of the car and got into the driver's seat. She was so shaken that she could not get her keys into the ignition. She tried and tried, and then she realized why. It was for the same reason she had wondered why there was a football, a Frisbee, and two 12-packs of beer in the front seat.

A few minutes later, she found her own car parked four or five spaces further down. She loaded her bags into the car and drove to the police station to report her mistake.

The sergeant to whom she told the story, couldn't stop laughing. He pointed to the other end of the counter, where four pale faced men were reporting a car jacking by a mad, elderly woman described as white, less than five feet tall, glasses, curly white hair and carrying a large handgun.

No charges were filed. Only in America hey...

Moral of the story?

If you're going to have a senior moment.....make it memorable!

Lost keys

After a meeting several days ago, I couldn't find my keys. I quickly gave myself a personal pat down. They weren't in my pockets. Suddenly I realized I must have left them in my car. Frantically, I headed for the parking lot. My husband has scolded me many times for leaving my keys in the car's ignition. He's so afraid the car could be stolen.

As I looked around the parking lot, I realized he was right. The parking lot was empty. I immediately called the police. I gave them my location and confessed that I had left my keys in the car and that it was stolen.

Then I made the most difficult call to my husband: "I left my keys in the car and it's been stolen."

There was a moment of silence. I thought the call had been disconnected, but then I heard his voice. "

Are you kidding me?" he barked, "I dropped you off.!"

Now it was my turn to be silent. Embarrassed, I said, "Well can you come and get me?"

He retorted, "I will, as soon as I convince this cop that I didn't steal your car!"

