



PIONEER
Village

“I hope I can be
the Autumn leaf,
who looked at the
sky and lived,
and when it was
time to leave,
gracefully it knew
...life was a gift.”

-DODINSKY



April & May

HOME NEWS 2024



Mayor
Diana Mislov

It was a real treat to have our Mayor Diana Mislov visit us for morning tea. She spoke about family history and informed the residents about what she is working towards such as a Desalination Plant, for the community of Port Lincoln.

Nice to know such a busy lady is going to make time to visit regularly.

AUSTRALIAN RED CROSS

Aged Care Volunteer visitors scheme.

In conjunction with the Red Cross, we are in the process of setting up a visitors scheme, where volunteers will visit individuals for a cuppa, a walk or even to play a few games. If you are interested, please ask for an application form from one of the activity staff. They can help you fill it out to ensure you are matched with a suitable volunteer.



A MUSICAL INSTRUMENT in your kitchen

Spoon Playing has been used to make rhythmic percussion music since ancient times. The Roman, Greek and ancient Egyptians all played spoons. The spoons can be classified as an idiophone. The idiophone is an instrument made of a resonant solid material. When it is struck, shaken or scraped, the whole thing vibrates to produce a sound. Gongs, bells, castanets and rattles are all classified as idiophones.

During a recent visit to “Young at Heart,” Kevin impressed both the children and volunteers with his demonstration of how to play the spoons.

On another visit, Joan, husband Don and Kevin showed off their combined musical talent, much to the delight of the spectators.



Young at Heart



We took Mazey for her first visit to ***Young at Heart*** and she even received her very own name badge. Despite having never been around children much, she was very well behaved and was content to hang with her favourite mate Ted and watch the mayhem going on around her. She made quite an impression and has been invited back with open arms.



Don giving a helping hand with a jigsaw puzzle and Ted & George competing at basketball.



I can think of only one person who enjoys hats more than George, Ted, Marie and the two Kevins... *the Cat in the Hat!*



“Bellissimo”



As always, we have been travelling about the EP in the bus, sightseeing and going out for lunch. We have recently visited the Cummins Hotel and the Wheatsheaf Hotel.



Marie loves music with a passion. Second only to a quick dance with Mel.



Olivia and Lorriane spending time with Joan.

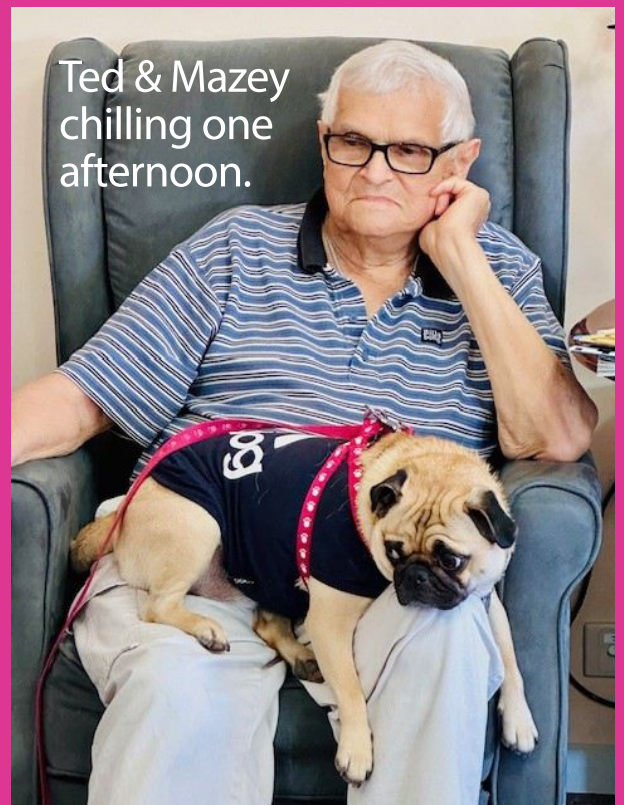


Spontaneous Moments *Captured*

Peter, happy to wear a kitchen hair net during a Happy Hour.



Ted & Mazey chilling one afternoon.



CAREERS WEEK

We participated in Careers Week, which involved various schools from across the EP.

It was a great opportunity to show students the variety of occupations it takes to run a residential Nursing Home. Everything from catering, house-keeping, gardening and handyman, as well as the more obvious, nursing, care and activity staff.

All the students had a chance to vote on the Gardening Competition, the winners of which will be announced at the next Happy Hour and Nibbles Luncheon. They also assisted some of our residents to plant out the raised beds in the sensory garden.



Kate, our director of care, put the students through an interesting obstacle course, which included wearing defected glasses, having a ball in their sock to replicate a bunion and using mobility aids. The results were hilarious but it gave the students a better understanding of the challenges of ageing.

We finished the week by attending the Port Lincoln Hotel's Career Seminar. We are proud to say that, most of the students thought, of all the different business they visited that week, Pioneer Village was by far the most fun and thought provoking.

Well done everyone!



The world according to Ted

A lot of Ted's Stories revolve around cars. His first being a blue Standard which was a four seater, but he managed to fit seven people in it. You wouldn't get away with that these days...

Then he bought himself a red Zepha, a real chick magnet by all accounts. Testament to this was that when his friend was helping him clean the car one morning, he discovered a perfect pair of powder foot prints on the vinyl covering the passenger door. I will leave it to your imagination as to what had accrued the night before. Needless to say, his friend wasted no time in getting the other ten members of the shearing crew to come and have a good look.



Ted believes the secret to a good life, is to have a sense of humour and to be kind to others.

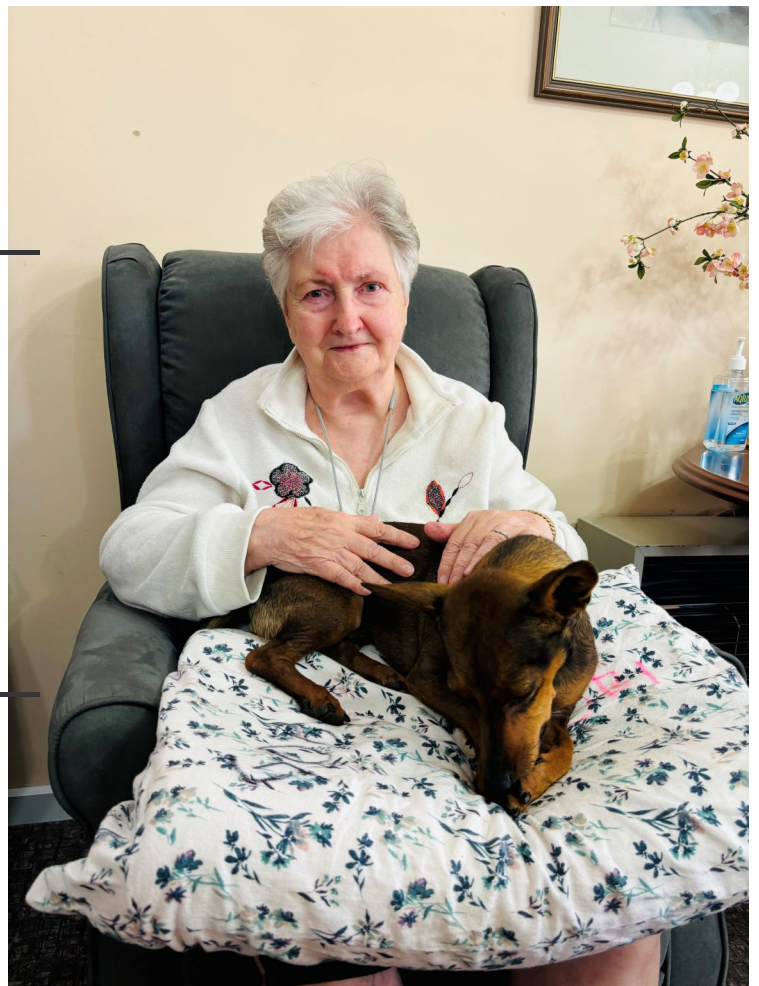
Another interesting story of Ted's was that as a young lad, he and his brother used to steal tobacco and roll it in brown paper to smoke behind the haystack. Not one of their brightest ideas, as they woke one morning to learn they had managed to set fire to it and the whole thing had burnt to the ground.



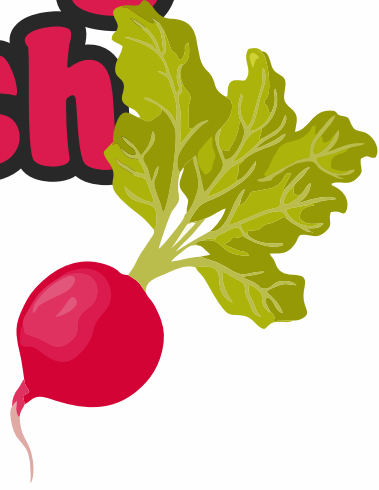
Maureen enjoys her arts and crafts and is happy to show off her latest masterpiece.

Nice to have you back Maureen. We all missed your cheeky smile!

Mary loves spending time with Goby. She finds it very relaxing to stroke & pat him. Doesn't look like Goby minds it too much either.



Relishing the Radish



ONE PROUD GARDENER.
Peter harvesting his
produce. He grew radish,
which apparently, he loves
in a sandwich.
Awesome job!

MY ENTIRE LIFE CAN BE
DESCRIBED IN ONE SENTENCE:

*It didn't go as planned
and that's OK.*

TIME FOR A LAUGH

At the bar the other night...

An elderly looking gentleman, (mid-nineties) very well dressed, hair well-groomed, great looking suit, flowers in his lapel, smelling slightly of a good aftershave, presenting a well-looked-after image, walks into an upscale cocktail lounge.

Seated at the bar is an elderly looking lady. The gentleman walks over, sits alongside her, orders a drink, takes a sip, turns to her, and says, *"So do I come here often."*



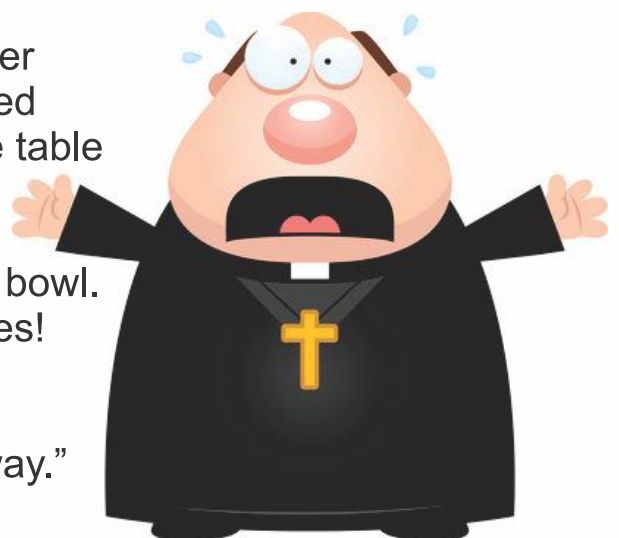
My Uncle brought a dairy cow, but it never produced milk.

An udder failure.

A pastor went to visit one of his parishioners. She welcomed him in and they sat down in her living room. As they chatted, the pastor noticed a small bowl of shelled peanuts on the coffee table and began snacking on a few.

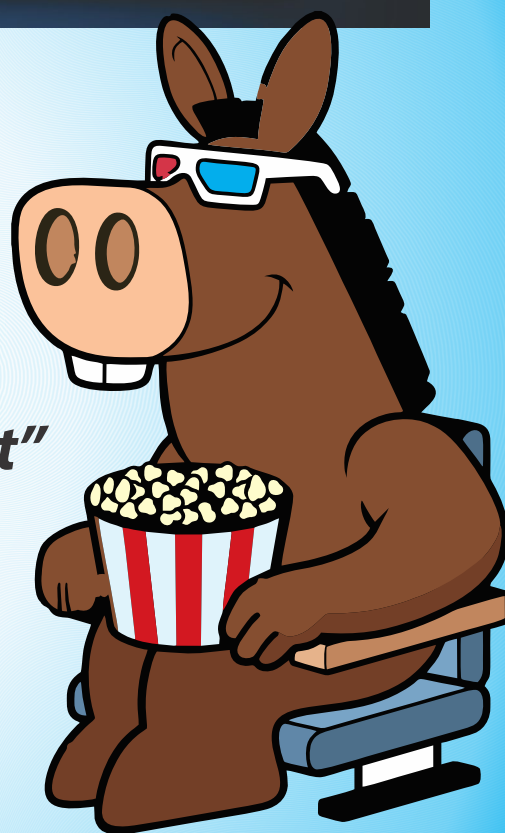
The more they talked, the more he ate, until he realised he had consumed the entire bowl. Embarrassed, he said, "I'm so sorry Mrs Jones! I seem to have eaten all your peanuts."

"Oh that's alright Pastor." she replied, "I only like the chocolate on the outside anyway."



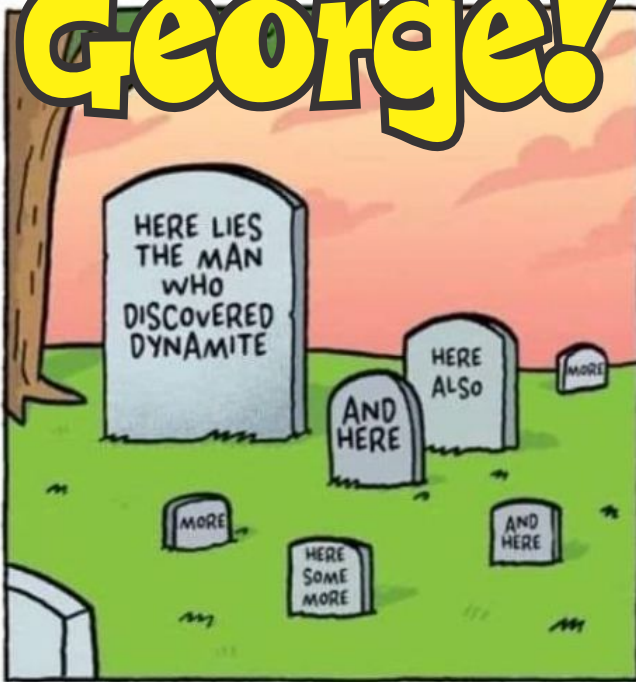


We recently screened a couple of horse movies, ***“War Horse”*** and ***“Seabiscuit”*** both of which were really well received.



We also watched ***“A man called Otto”***, about a lively young family who move next door to a grumpy widower, Otto Anderson. He soon meets his match in a quick-witted, pregnant woman, leading to an unlikely friendship that turns his world upside down.

This one's for George!



Seven sentences I wish I'd read sooner

- These hard times, this pain, **these lessons one day they'll be your strength**, your awareness, your blessings.
- **Stop expecting honesty** from people who lie to themselves.
- You'll **never look good trying to make someone look bad**.
- **Save your explanations** for those that are determined to understand you - **give your silence** to those that are determined to misunderstand you.
- **Your life is too short** to be unhappy 5 days a week in exchange for 2 days of freedom.
- **Don't be upset** from people you don't respect.
- **Life is not tiring**. Wanting life to be a certain way but not having the confidence to make it that way, is tiring.

- Steven Bartlett | TheMindsJournal

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